

Eight Variations for Diatonic Interval Practice

WARNING: NOT FOR THE FAINT OF HEART! This plan for practicing interval patterns through diatonic scales should be approached with patience. Limit practice of this exercise to only 10 minutes each day, but do it EVERY DAY! You will see progress over time. Start with the written exercise. Practice it 10 minutes each day until you can play it in time with the metronome on beats 2 and 4 at 120 bpm. Then begin to expand the on the exercise using the following plan:

- The starting notes in these interval exercises cover an octave, but you should play them through the entire range of your instrument.
- Do them with all diatonic intervals (2nds, 3rds, 4ths, 5ths, 6ths, 7ths, octaves).
- Practice the exercises in all keys.
- Practice the 8 variations for other scales: Harmonic Minor, Melodic Minor, Diminished, Whole Tone, Augmented, Pentatonic.
- Apply the variations to diatonic triads and seventh chords.

1. Ascending 3rds



2. Descending 3rds



3. Alternating Ascending and Descending 3rds



4. Alternating Descending and Ascending 3rds



5. Ascending 3rds with Chromatic Approach to First Note



6. Descending 3rds with Chromatic Approach to First Note



7. Alternating Asc./Desc. 3rds - Chromatic Approach to First Note



8. Alternating Desc./Asc. 3rds - Chromatic Approach to First Note

