

Open String Picking Exercises

(15 minutes/day)

Tremelo on one string (feel groups of 8 notes per foot tap)

Tremelo across and back (Group 16 attacks/string = 2 beats)

Tremelo across and back (Group 12 attacks/string = 2 beats)

Groups of 11*, 10, 9*, 8, 7*, 6, 5* attacks on each string (feel each group as one beat – one foot tap)

Groups of 4, 3* attacks on each string (feel each group as one half beat – two strings per foot tap)

Groups of 2, and 1* attacks on each string (feel each group as one quarter beat – four strings per foot tap)

* Odd groups - change pick direction when crossing strings.

- Maintain alternate picking on all of the above exercises.
- Give the beat a slight accent.
- Practice starting all exercises with up stroke, as well as with down stroke. (Learning to do this starting with the up stroke is VERY IMPORTANT. It will even out your picking and give you much more control.)